

# Hass Avocado



The avocado (*Persea americana*) is a tree native to Mexico and Central America, classified in the flowering plant family Lauraceae along with cinnamon, camphor and bay laurel. Avocado or alligator pear also refers to the fruit, botanically a large berry that contains a single seed.

Avocados offer numerous health benefits. They contain lutein, which can help keep eyes healthy. Avocados are a nutrient booster that help the body absorb more phytonutrients from other foods. Avocados contain carotenoids, phytonutrients that can help prevent some chronic diseases, and beta-sitosterol, which can help maintain healthy cholesterol levels.

## Size

	CANADA
More than 330 grs.	32
0.661-0.772 lb.	36
0.584-0.661 lb.	40
0.584-0.661 lb.	48
0.375-0.452 lb.	60
0.331-0.375 lb.	70
0.265-0.331 lb.	84

## Ripening Grades

GRADE	1	2	3	4	5
CONDITION OF AVOCADO	Hard	Pre-conditionated	Breaking	Firm-ripe	Ripe
DRY MATERIAL	21% A 23%	23%	30%	35%	37%

## Shelf Life

PREPARING TIME (DAYS)	COLD STORAGE (DAYS)	SHELF LIFE AFTER COLD STORAGE (DAYS)	RIPE AVOCADO (DAYS)	TOTAL REAL LIFE (DAYS)
2	6	6	2-3	14
2	15	4	2-3	21
2	20	4	2-3	26
2	25	2-4	2-3	29-31
2	30 (during or after this time, the fruit can lose around 40% or more of its firmness)	3-4	2-3	33-36



# Grades

## ***U.S. No. 1.***

- Consists of avocados of similar varietal characteristics which are mature but not overripe, well formed, clean, well colored, well-trimmed and which are free from decay, anthracnose, and freezing injury and are free from damage caused by bruises, cuts or other skin breaks, pulled stems, russeting or similar discoloration, scars or scab, sunburn, sunscald or sprayburn, cercospora spot, other disease, insects, or mechanical or other means.
- Tolerances. In order to allow for variations incident to proper grading and handling, not more than a total of 10 percent, by count, of the avocados in any lot may fail to meet the requirements of this grade: Provided, That not more than one-half of this amount, or 5 percent, shall be allowed for avocados affected by decay or anthracnose, including therein not more than 1 percent for avocados affected by decay.

# Packaging

<b>PRESENTATION</b>	<b>ALL LOCATIONS</b>
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PACKAGE TYPE

Cardboard box (1 bed)

CONTAINER DIMENSIONS

43.5 cm length X 34 cm width X 20 cm height  
(17" x 13" x 7")



SIZES

12 - 22 (48 - 84 for CAN)

APROX. WEIGHT PER BOX

11.3 kg (25 lb)